

Strawberries and Rhubarb

Where

Strawberry

Strawberries are native to the temperate regions of the **Northern Hemisphere**. But nowadays they are widely grown throughout the world.

What

DID YOU KNOW THAT **STRAWBERRIES AREN'T BERRIES?**

Berries should have **seeds inside**, and not on the fruit's surface like strawberries.

Strawberries are **members of the rose family**, which is why they give off a sweet fragrance as they grow.

WANT TO **GROW STRAWBERRIES** AT HOME?

How

They grow very well in **pots, hanging baskets**, as well as in grow **bags**, which means they can be grown in **small gardens**, on **balconies** and even on a **window sill**.

Raising world shapers while learning to eat



STEPS

- You will need plenty of **garden compost** for the soil before planting.
- Placed the plant in a **sheltered spot** that gets plenty of sun between **April and June**.
- **Water it well**, especially in hot weather.
- **Harvest** when the **fruits are red** all over.
- **Replace** plants every **3 to 4** years by planting fresh plants or propagating new plants from runners.

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Rhubarb

Rhubarb is originally **from Asia** and it is commonly **grown in cool** areas of the temperate zones.

DID YOU KNOW THAT RHUBARB IS A VEGETABLE?

What

The root has been **used for medicinal purposes** more than for cooking.

WANT TO GROW RHUBARB TOGETHER WITH YOUR CHILD?

How

Rhubarb is a plant that grows both **indoors and outdoors**.

It is usually grown **from crowns** between **autumn and spring**.

STEPS

- You will need an **open and sunny spot**.
- Use a **very large and deep pot**, filled with seed compost.

When

GROWING YOUR OWN FOOD HAS MANY BENEFITS!

Why

It will allow you and your family to enjoy fresher food and **the fresher they are, the better they taste!**

In the special case of **strawberries**, they will be **free of pesticides**, which will benefit our health even more.



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