Essentials to **start** complementary feeding

High Chair
Plates/Bowls
Bibs
Splat Mats
Cups



on Contigue Build West Build Washing W

Essentials you will need to get started!

☐ High Chair

Footrest
Removable tray
Upright seat
Crotch post
safety-restraint system

Plates/Bowls

Non-toxic materials (BPA free)
Suitable for the dishwasher/
microwave
Plate types: Suction bases,
divided, suction mats, silicon,
bamboo.

Bibs

BPA free
Soft waterproof material
Machine-washable
Flip out pocket/full-coverage



onnote build by the build by th

Essentials you will need to get started!

Cutlery

Easy grip Soft BPA-Free

Splat Mats

Minimize the mess Waterproof

Storage cups/boxes

BPA free
Suitable for the dishwasher/
microwave

Cups

Material: Silicone, BPA-free

plastic, stainless steel.

Types: Open, straw, spout,

360 cup.

wash and clean the straws well with a thin brush, and replace straws as needed.



2