

Sweet potato bundt cake



Ingredients

- 250 g sweet potato
- 2 bananas
- 2 eggs
- 125 g oats
- 200 g spelt flour
- 2 tsp phosphate free baking powder
- 1 tsp baking soda
- 2 tbsp dessicated coconut
- Butter to grease the baking dish

Prep time: 20 mins
Cooking time: 45 mins
Serves: 10-12 Slices



Vivien Simandi

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Instructions

- Steam the sweet potatoes and blend it with the banana, stir in the eggs.
- Mix all the dry ingredients and add it to the banana mixture, stir it thoroughly again.
- Lightly grease the baking dish with butter and bake it on 175C for 45-50 minutes.



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